

A = 0.1	London Regional Zinc Advanced 2024				
B = 0.2	<p>In addition, or replacement to the Classic Challenge Rules All queries - follow Copper Rules</p> <p>Rules, Regulations and Difficulty Value are as National Classic Challenge Rules with Modifications below</p> <p>Elements will be given difficulty value according to rules and regulations FIG Cycle 15 Code of Points (2022)</p> <p>Bars/Beam/Floor - 6 highest elements including dismount Bars/Beam/Floor short exercise - 5 elements or less 1.00 deducted for each</p> <p>Beam/Floor - 2 Acrobatic + 2 dance + 2 optional Floor Acro line does not need to be flight element</p> <p>Bars/Beam/Floor the dismount must be included in the counting elements - A/B elements only, Uncoded will be recognised with 0.1 value</p>				
	Vault	Bars	Beam	Floor	
Notes	Table Vault	No penalty for using one bar Giant circles are not permitted			
Criteria	FIG vault table	Gymnast should fulfil 4 of the 5 CR's (Max awarded 2.0)	Gymnast should fulfill 4 of the 5 CR's (Max awarded 2.0)	Gymnast should fulfill 4 of the 5 CR's (max awarded 2.0)	
CR's	Any vault from table without salto	1. Coded or uncoded mount	1. 1/2 Spin immediate 1/2 turn or 1/1 spin	1. Acro line (2 ele)	
Score		2. Close bar circle element (back)	2. Connection of minimum 2 different dance elements to include one leap or jump with 180 split	2. second acro line	
		3. Any bar change LB to HB	3. Acro element Must be performed on the beam	3. A dance passage of 2 different leaps/hops - 1 with 180 Split (cross or side) or straddle	
		4. Cast to min horizontal	4. mixed series	4. Additional leap, hop or jump	
		5. Fig dismount	5. 2nd acro element	5. mixed series	
		A/B elements only Max score	A/B elements only	A/B elements only	
	deduction 0.1,0.3,0.5, & 0.8 for height will apply	Max D Score 3.0	Max D Score 3.0	Max D Score 3.0	
Uncoded Permitted Elements 0.1 Value	110cm - 10 & 11 yrs	Squat on, 3/4 giant LB to HB, Straddle or pike on undershoot dismount Chin up circle over mount Sole circle may be performed	Any mount, Tuck Jump, Stretched jump, changement, fwd roll, bwd roll, cartwheel rebounding straight jump dismount	Tuck jump, changement, stag leap, bwd/fwd walkover, tic-toc, bwd roll to handstand and/or front support, cartwheel	
Notes	Classic Challenge Vault Tariff				
V2					

Zinc Advanced London Modified Level

Zinc Advanced has been included in the London Modified Program to allow gymnasts a connection between Zinc and Copper. Gymnasts who can fulfil the requirements for Copper Classic Challenge are encouraged to move to that level. This level is appropriate for gymnasts who are not able to fulfil the requirements for Copper and have exceeded the maximum scores for Zinc. Element recognition and deductions are as per FIG CoP unless the rules specifically state otherwise. An element can be utilised to fulfil more than one CR (unless otherwise stated). Listed uncoded elements can be used for DV, CR & Bonus and will be recognised with the same value as 'A' elements. No Bonus Maximum D Score rule will apply

Vault: 2 different vaults may be performed

Beam:

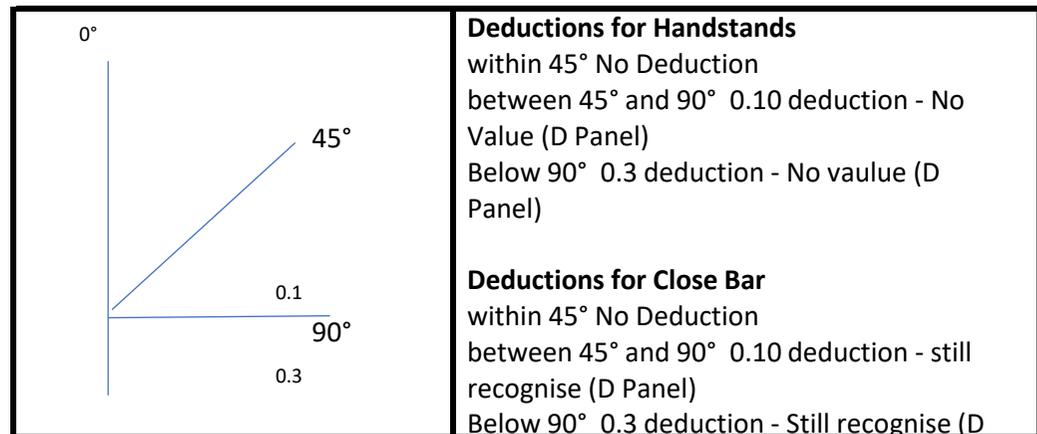
6 elements only are required - 1.00 penalty for each missing element
 Forward and backward rolls can be used as DV, CR & bonus unless the backward roll goes over one shoulder and therefore will not be classified as a backward element at this level and not receive any value, CR or bonus.
 A jersey-style mat (depth 10cm) is allowed for dismounts (optional).

Floor:

6 elements only are required - 1.00 penalty for each missing element
 An acro element may be repeated without DV for purposes of fulfilling a mixed series
 A routine with only 1 acro line will not incur dismount deductions.
 A routine with no acro lines will incur a 1.00 penalty.

Bars:

Deductions and Penalties as per FIG unless stated otherwise
 5 elements only are required
 A routine with less than 5 elements will be deducted 1.00 for each missing element
 The coach is encouraged to stand between the bars and be present for the transition between the bars without deduction.
 An additional 20cm mat can be placed underneath the bars without deduction.
 A safety mat (depth 20cm), and a jersey-style mat (depth 10cm), can be moved/placed as needed, but must not block the judges' view.



Refer to Copper Classic Challenge Rules and FIG code of points for any further information